

# UTMB® WORLD SERIES RUNNER'S COMMITMENT – WAIVER

## ACCEPTING THE RULES AND ETHICS OF THE RACE

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Participating in the PUERTO VALLARTA MÉXICO by UTMB® events implies full and unreserved acceptance of the race regulations and the document presented hereinafter, the ethics of the event and any instructions addressed by the organization to the participants.

## RUNNER'S COMMITMENT

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To participate to PUERTO VALLARTA MÉXICO by UTMB®, in particular the WIXÁRIKA & HIKURI, it is essential:

- To be completely aware of the length and specificity of the event and to be perfectly prepared for it;
- To have a real capacity for personal autonomy in the mountains (1) allowing for the runner to manage any sort of problems that might occur during this type of event:
  - Know how to face up to weather conditions which could be very difficult to deal with at high altitude (night, wind, cold, fog, rain or snow) without any help.
  - Know how to manage, including when alone, physical or mental problems arising from a great fatigue - such as digestive problems, muscle or articular pains, small wounds...
  - To be totally aware that the organization's role is not to help a runner manage these problems.
  - To be totally aware that for such an activity in the mountains, security depends on the runner's ability to adapt to these problems
  - That runners inform their crews that they must respect nature, people and the regulations of the race.
  - To accept to receive newsletters providing information about the event.

(1) participating in the qualifying races in order to gain the required number of points to register is useful for acquiring this experience (see paragraph REGISTRATION)

## RESPECT THE ENVIRONMENT

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When registering for one of the UTMB® events, participants agree to respect the environment and the natural areas they pass through. In particular:

- Littering is strictly forbidden (gel tubes, paper, organic detritus, plastic wrappers...). Trash/rubbish bins are available at each aid station and they must be used. The race stewards will be checking all along the race route.
- All participants must keep their rubbish and wrappers with them until they can throw them in the bins at an aid station. Runners should carry a bag or pouch to carry their waste until the next bin. Plastic bags for soiled paper are handed out with the race-bibs. They must be used for collecting any paper used during any urgent need along the route.
- You must follow the paths as they are way-marked, without short-cutting them. Actually, short-cutting a path causes erosion thus damaging the site.
- No disposable dishes (cutlery, cups, bowls) will be distributed at any check point or aid station. This is to reduce the plastic waste by runners, as well as by the volunteers. We invite you to bring your own utensils if you wish to eat hot meals at the aid stations.

## RIGHTS FOR IMAGES

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Every competitor expressly foregoes the right for any images during the event, just as they renounce any right of appeal to the organizers and their partners for the use of their image. Only the organization can transfer this right for images to any media, via an accreditation or relevant license.

Ultra-Trail®, NAKAWÉ®, WIXÁRIKA®, HIKURI®, PUERTO VALLARTA MÉXICO by UTMB®, are legally registered trademarks. All communication about the event or the use of images from the event must respect the name of the event, the registered trademarks and have official approval from the organization.

## INDIVIDUAL SPONSORS

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Runners who are sponsored can only display their sponsor's logos on their clothing and equipment during the race. All other sponsoring items - such as flags or banners - are forbidden along the race route including at the finishing line. Breaking these rule might give rise to a penalty decided by the race directors.

## POLITICAL EXPRESSION

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As per our [ethical charter](#), any ostentatious display of political messages or images during the event is prohibited.

